**Body**

Choose natural and organic body products to avoid harmful toxins.

- Bar Soap (Dr. Bronner’s, Chagrin Valley Soap, Leef, River Soap)
- Blemish Control (Acure Beauty, Juice Beauty)
- Dental Floss (Cocofloss, Tom’s)
- Deodorant (Acure Beauty, EO, Alaffia, All Good, Organic Essence)
- Face Wash (Acure Beauty, Dr. Bronner’s, Everyone)
- Hand Sanitizer (Dr. Bronner’s, Everyone)
- Hair Styling Products (Dr. Bronner’s, Everyone)
- Lip Balm (Dr. Bronner’s)
- Lotion (Acure Beauty, Dr. Bronner’s, Everyone)
- Makeup Remover (Acure Beauty, Dr. Bronner’s, coconut oil)
- Mouthwash (Gaia, Tom’s)
- Perfume + Essential Oils (EO, Everyone)
- Period Products (Natracare, Diva Cup)
- Razor (Bambau Steel Razor)
- Shampoo + Conditioner (Acure Beauty, Everyone, Alaffia)
- Shave Cream (Dr. Bronner’s)
- Shower Gel/Liquid Soap (Dr. Bronner’s, Everyone, Alaffia)
- Toner (Acure Beauty, Everyone)
- Toothbrush (My Magic Mud, Radius)
- Toothpaste (Dr. Bronner’s, Tom’s)

**Clean**

Look for non-toxic, biodegradable, and renewable ingredients.

- All Purpose Cleaner (Dr. Bronner’s, Ecos, Seventh Generation)
- Dish Soap (Dr. Bronner’s, BioKleen, Ecos)
- Disinfectant (Dr. Bronner’s, Ecover, Seventh Generation)
- DIY (make your own cleaners with baking soda and vinegar)
- Dryer Balls (Cocofloss)
- Glass + Surface Cleaner (Dr. Bronner’s, vinegar/water)
- Laundry (Dr. Bronner’s, Ecos, Ecover, Greendish Organics)
- Reusable Cloths/Unpaper Towels
- Toilet Bowl Cleaner (Dr. Bronner’s, Ecover, vinegar/water)
- Toilet Paper (Natural Value)

**Sleep**

Organic cotton and wool avoids harmful chemicals for a healthier night’s sleep.

- Air Filter (Coway Mighty Air, Rabbit Air)
- Humidifier (Crane USA)
- Mattress Topper (Cocofloss, Naturepedic)
- Pillows (Cocofloss, Naturepedic)
- Sheets (Cocofloss, Naturepedic)

**Bath**

Natural and organic products to add to your daily bath routine.

- Towels (Cocofloss, Boll & Branch)
- Robe (Cocofloss, YesAnd)
- Shower Shoes (Indosole, Third Oak)

**Food, Drinks + Snacks**

Try to eat FLOSN - Fresh, Local, Organic, Seasonal, and Nutritious!

- Bars (Clif, GoMacro, Go Raw, Made Good, Nature’s Path)
- Cereal + Granola (Cadia, Ezekiel, Nature’s Path)
- Chips (RW Garcia)
- Chocolate (Alter Eco, Dr. Bronner’s, Equal Exchange, Theo)
- Coffee (Equator)
- Crackers (RW Garcia, Annie’s)
- Easy Meals (Amy’s, Annie’s, Lotus Foods)
- Kombucha (Brew Dr., GTS, Health Ade, Revive)
- Nuts, Seeds + Nut Butters (Patagonia Provisions)
- Ramen (Lotus Foods)
- Soup (Patagonia Provisions, Amy’s, Pacific Foods)
- Thrive Market subscription

**Study**

Upcycle last year’s materials or look for these conscious brands.

- Backpack (Peak Design, Everlane, Keen)
- Binder (Earth’s Choice, Samsill)
- Folders + Notebooks (100% recycled material)
- Pencils (ForestChoice, PaperMake)
- Pens + Highlighters (Bic, B2P, Onyx & Blue, Zebra)

**Active**

Ethically source your gear for a routine that’s good for you and the environment.

- Apparel (Athleta, Nau, The North Face, Patagonia, PrAna)
- Bike (Citizen Bikes, Cannondale, Specialized, Trek)
- Shoes (Allbirds, Chaco, Keen, REI, Teva)
- Socks (Farm to Feet, Maggie’s, Pact, Smartwool)
- Yoga Mats (Barefoot Yoga, Jade, Manduka, PrAna)

**Wellness**

Keep the stress low and your wellness routine sustainable with these products.

- Aromatherapy + Essential Oils (EO, Everyone)
- Bug Repellant (Badger, All Terrain)
- First Aid (All Terrain, Gaia)
- Poison Oak (All Terrain, Herb Pharm)
- Sunscreen (Acure Beauty, All Good, Badger)
- Supplements (Gaia)

- Zero Waste

Reduce single-use plastic and disposables with these swaps.

- Cereal + Granola (Cadia, Ezekiel, Nature’s Path)
- Chips (RW Garcia)
- Chocolate (Alter Eco, Dr. Bronner’s, Equal Exchange, Theo)
- Coffee (Equator)
- Crackers (RW Garcia, Annie’s)
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